



# PROJECT RESILIENCY

Langley School District's Alternate to Suspension Program



"A three day alternate to suspension program which focuses on personal control and coping within the context of life's adversities."

**To complete the online survey, please go to**

**[http://www.jamesandersonlearningcentre.com/project\\_resiliency\\_student.html](http://www.jamesandersonlearningcentre.com/project_resiliency_student.html)**

## **SCHEDULE:**

9:00am-2:15pm **Monday through Thursday** (Fridays are reserved for in school support follow-up and program design/assessment).

**Closed Campus policy – Please bring own lunch.**

## **KEY EXPECTATIONS and RESPONSE POLICIES:**

Click here: [Project Resiliency Key Expectations](#)

**FULL DISCLOSURE POLICY** - A Full Disclosure Policy- Given that deception (lying) is an active part of the process of disengagement; we will not endorse or perpetuate any form of deception - to oneself or others. Although this can be challenging, we believe that there are no good "secrets".

Therefore, statements or information shared that potentially puts the "safety" or the "safety of others" at risk, will be disclosed to parents and potentially other school or outside support professionals. Also, students are informed that all "information"<sup>1</sup> could be shared with family and support personnel.

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<sup>1</sup> Full Disclosure policy is aligned with the Infants Act, Freedom of Information and Protection of Privacy Act and School Acts.

**INTAKE:** Langley School District students in need of support can be referred by themselves, family members, school district employees or any Langley community agency. The program focuses primarily on the following areas:

- Chronic school absenteeism (disengagement)
- Disengagement from Family/ School/ Peers/ Community
- Shifting toward negative peer group/ criminal culture
- Thrill seeking (Risky/dangerous behaviour)
- Substance use/suspicion/ possession
- Addiction (of any kind)
- Emotional instability or Mental Health concern
- Self-referral

The referring **Administrator (in consultation with the School Counsellor) and the youth** each complete an intensive on-line registration.

**Start Date:** The next day unless contacted by Project Resiliency Team member.

## **CORE LEARNING AREAS**

- Understanding of universal and personal adversities in the areas of health and home, relationships, school and community.
- Learning about healthy versus unhealthy control and coping.
- Physiology and the connection to thinking, emotions, actions and consequences.
- Substance and Addiction Physiology and Psychology.
- Building and utilizing personal resiliency skills to create new coping and healthier options for approaching adversities.

## **DISCHARGE:**

Students will leave the program with a Project Resiliency portfolio of their work to share with their school, parents, and other support people as well as a Completion Report. The Completion Report will be different for each student and may include community and health supports. The Project Resiliency Completion report will:

- Outline presenting adversities
- Define a discharge plan for each adversity.
- Identify adult support people who are responsible for supporting the plan.
- List all other referrals made (e.g. Counselling, detox, Early Psychosis Intervention, etc...).
- Contain a "Youth Response Only" section for their self-monitoring and Project Resiliency Feedback.

Project Resiliency staff will follow-up, track student progress, and further assist school staff if required in order to create long term support plans.

## **SCHOOL RE-INTAKE MEETING:**

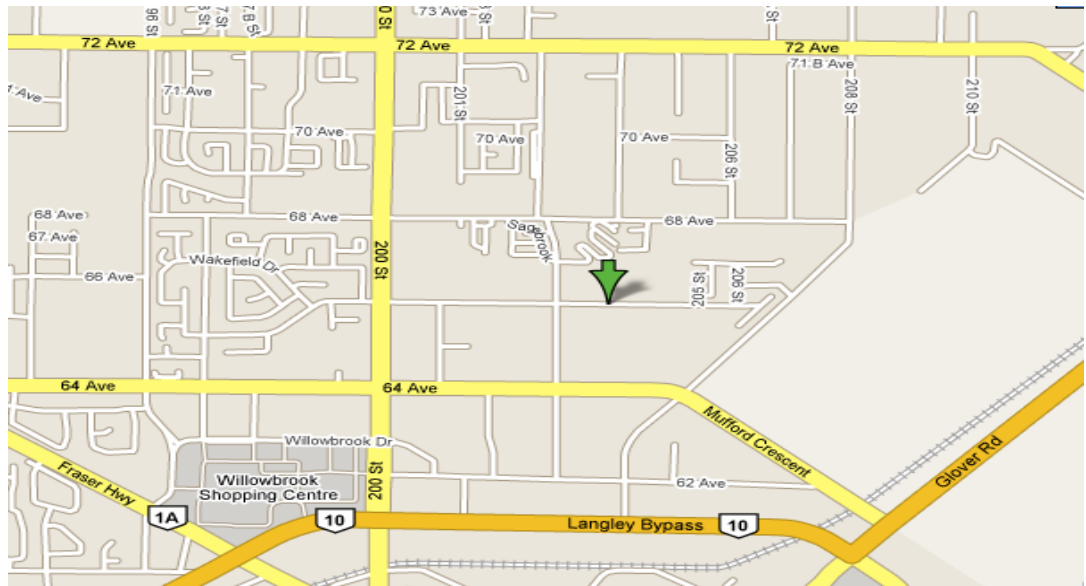
**Meetings must be done with all students upon return to school.** Students work hard on their Portfolios and should be given the choice to share them. Upon return, students meet with their administrator and counsellor (key support people are optional) to discuss their experience at Project Resiliency and provide a copy of their Completion Report. The Completion Report will be shared by the administrator with the identified key support people.

## **TRANSPORTATION:**

Students (and their Parents/Guardians) are responsible for transportation to and from the program. Bus schedules at <http://triplanning.translink.bc.ca/hiwire>. Supervision will only be available from 8:30am to 3:00pm.

### **LOCATION:**

20381-66<sup>th</sup>Ave  
Langley, B.C.  
V2Y-1P3



## **STAFF CONTACTS:**

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