

James Anderson Learning Centre
20381 66 Ave, Langley, BC V2Y 1P3 Phone: 604.532.8599 Fax: 604.532.8597
Principal: Patrick Thomas Admin Assistant: Sonya Ouellette
<http://www.jamesandersonlearningcentre.com>

Upcoming Events

June

- June 21 Examination Days Begin
- June 29 - Final Semester 2 Report Cards Issued - Last Day for Students

June Schedule of Events

- June 18th Last day of scheduled classes
- June 21st – 25th Exam Week (see schedule below)
DROP IN PARENT/TEACHER INTERVIEWS from 9:30am to 3:00pm
All students may attend for assignment completion, tutorials or exam study groups.
- June 29th Final Semester 2 Report Card

Course Completion Forms

Course selection forms will be going home on **Tuesday, June 8th**. Priority for classes will be given to the students who return their completed and signed selection forms to the school. **Please return them ASAP to guarantee the course selections for September 2010.**

June Provincial Exam Schedule

Date	Subject	Time
Tuesday June 22, 2010	Social Studies 11	1:00 pm – 3:00 pm
Wednesday June 23, 2010	English 10	1:00 pm – 3:00 pm
Friday June 25, 2010	Science 10	9:00 am – 11:00 am
Monday June 28, 2010	Essentials of Math 10 Principles of Math 10	9:00 am – 11:00 am

All Provincial Examinations are designed to be completed within two hours. Students are permitted up to an additional 60 minutes, if required.



Local Community Events & News

ICBC Roadsense

With graduation just around the corner, school hallways are abuzz with anticipation. The last thing on a student's mind is the sobering fact that car crashes are still the number one killer of youth between the ages of 13 and 21.

ICBC wants to educate teens about safe driving and the power of choice. Unsafe speed and alcohol are top contributing factors in fatal crashes involving young drivers.

Your child recently saw a presentation by an ICBC RoadSense speaker. To learn more about how to talk about road safety or to see videos with tips to prevent impaired driving or high risk driving behaviours, visit www.icbc.com.

Speaker profiles: <http://www.icbc.com/road-safety/roadsafety-activities/RoadSense-Speakers>

Getting a license: <http://www.icbc.com/driver-licensing/getting-licensed/for-parents>

Driving tips: <http://www.icbc.com/road-safety/safer-drivers/roadsense-tips>

Langley Girls Ice Hockey

Are you a girl who wants to try hockey? The Langley Girls Ice Hockey Association invites girls ages 5 to 19 to register for girls hockey at www.langleylightninggirlshockey.com or call Connie at 604.533.2712 / email: gottaluvit13@shaw.ca for more information.

Youth Soccer Registration now open

Registration for youth soccer for September 2010 is now open.

For boys go to Langley United Youth Soccer Association www.luysa.com

For girls, go to the Langley Football Club www.langleyfc.com

In Aldergrove, for boys and girls go to www.aldergrovesoccer.com

“Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step.”

~Lao Tzu

“God gave us two ends: one to sit on and the other to think with. Success depends on which end we use the most.”

~John M. Capozzi

SHOPPER'S GUIDE TO PESTICIDES

DIRTY DOZEN Buy These Organic		CLEAN 15 Lowest in Pesticides	
WORST	1 Celery	BEST	1 Onions
	2 Peaches		2 Avocado
	3 Strawberries		3 Sweet Corn
	4 Apples		4 Pineapple
	5 Blueberries		5 Mangos
	6 Nectarines		6 Sweet Peas
	7 Bell Peppers		7 Asparagus
	8 Spinach		8 Kiwi
	9 Kale		9 Cabbage
	10 Cherries		10 Eggplant
	11 Potatoes		11 Cantaloupe
	12 Grapes (Imported)		12 Watermelon
			13 Grapefruit
			14 Sweet Potato
			15 Honeydew Melon

ENVIRONMENTAL WORKING GROUP
www.foodnews.org

Why Should You Care About Pesticides?

The growing consensus among scientists is that small doses of pesticides and other chemicals can cause lasting damage to human health, especially during fetal development and early childhood. Scientists now know enough about the long-term consequences of ingesting these powerful chemicals to advise that we minimize our consumption of pesticides.

What's the Difference?

EWG research has found that people who eat five fruits and vegetables a day from the Dirty Dozen list consume an average of 10 pesticides a day. Those who eat from the 15 least contaminated conventionally-grown fruits and vegetables ingest fewer than 2 pesticides daily. The Guide helps consumers make informed choices to lower their dietary pesticide load.

Will Washing and Peeling Help?

The data used to create these lists is based on produce tested as it is typically eaten (meaning washed, rinsed or peeled, depending on the type of produce). Rinsing reduces but does not eliminate pesticides. Peeling helps, but valuable nutrients often go down the drain with the skin. The best approach: eat a varied diet, rinse all produce and buy organic when possible.

How Was This Guide Developed?

EWG analysts have developed the Guide based on data from nearly 96,000 tests for pesticide residues in produce conducted between 2000 and 2008 and collected by the U.S. Department of Agriculture and the U.S. Food and Drug Administration. You can find a detailed description of the criteria EWG used to develop these rankings and the complete list of fruits and vegetables tested at our dedicated website, www.foodnews.org.

[Learn More at FoodNews.org](http://www.foodnews.org)



Headquarters 1436 U St. N.W., Suite 100 Washington, DC 20009
(202) 667-6982